

Thai Massage Salt Lake City Utah

matrixmassagepa.com/service/thai-massage-salt-lake-city-utah/



Additional Info:

- Duration: 60 min. - 90 min. - 120 min.
- Service Amount: \$95 - \$155 - \$185
- Make Appointment: [Book an Appointment](#)
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[Request an Appointment!](#)

100% Satisfaction Guaranteed

Thai massage is a form of body work that has gained wide popularity in the West. A complete Thai massage incorporates a traditional combination of point pressure, energy meridian work, and yoga-like stretching for an invigorating and balancing experience. During your Thai Massage, your therapist will carefully utilize their hands, knees, feet and body weight in order to provide a renewed sense of energy and deep relaxation throughout the body.

All Thai services include sauna room for 30 min.

Benefits of Thai Massage and How It Is Different from “Regular” Massage?

- No Massage Table: Thai Massage is performed on a padded mat on the floor instead of on a massage table.
- Fully Clothed: The client remains fully dressed during a Thai Massage. It is recommended to wear comfortable clothing that allows free movement of body and limbs.
- No Creams or Oils: Unlike other forms of massage, Thai Massage does not require any oils or creams; instead, a trained massage therapist will perform a combination of passive stretches and relaxing compressions.

Thai Yoga Massage Benefits

Thai Massage has been practiced for over 2000 years. It was originally practiced in Thailand in order to provide relief from back, shoulder, and neck pain caused by working long, grueling hours in rice fields. Thai Massage is great for neck and back pain, the Yoga enthusiast, and those suffering from tight hips.

If you enjoy the therapeutic benefits of stretching and increased flexibility – this is for you!

Sauna/Steam room, Shower and Dressing Room Available

Comments

comments