

# Massage Therapy Near Park City, Utah

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[matrixmassagespa.com/massage-therapy-park-city-utah](https://matrixmassagespa.com/massage-therapy-park-city-utah)

Matrix Massage and Spa is the perfect way to celebrate success or heal from stress and injury. If you're looking for a massage therapist for Park City, Utah, we can provide therapeutic massage therapy to help alleviate your suffering from anxiety, stress, tight muscles, headaches, and pain. We offer a variety of group and solo massage options perfect to fit your needs and budget!

Matrix Massage & Spa has the award-winning personal service you need. Our massage therapists average around 8 years of experience, and we guarantee you'll love your massage! We have gift certificates available for friends or family members. We can also save you money with our coupons and special deals.



## Park City, Utah Massage Therapy Services:

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We have the most extensive list of massage spa services in UT. Here are a few of our most popular options:

- **Deep Tissue Massage:** As the name sounds, deep tissue massage uses slow, deep pressure to release muscle tension. This method is proven to provide a number of benefits including increased blood flow, reduced stress, and healing promotion.
- **Couples Massage:** Getting a massage as a couple is one of the most soothing, de-stressing ways to rejuvenate your lives together. Many couples report greater communication clarity following partner massages. Schedule a joint massage for a special day, or surprise your significant other today!

- **Swedish Massage**: This massage is one of the most popular stress-relieving techniques available. We use medium pressure strokes to release built-up toxins in the muscle. This is a great option for athletes or people who feel overworked.
- **Hot Stone Massage**: This is a middle-pressure body massage, but hot, smooth stones enhance the steady pressure. The heat is also proven to help your muscles relax completely.
- **Prenatal Massage**: Making a life is hard work! Our massage professionals are experts in helping you relieve the extra tension caused by the uncomfortable positions and carrying the extra bundle of weight.
- **Sports Massage**: The bodies of athletes have special needs. We are experts in providing the healing-focused therapy your muscles need to recover.
- **On-Sit Chair Massage**: Can't make the time to visit the spa? We will come to you! Our on-site chair massages are a great way to show employees you appreciate their hard work!

### *Group Options*

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Celebrating a milestone? Organizing a party? We are the only spa in Salt Lake City with space for 12 massages at the same time. We also have the largest variety of options in Utah, so we guarantee there is something for everyone. Place your [group reservation](#) today to avoid schedule conflicts.

### *Community Responsibility*

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At Matrix, we care about our community as much as we do our customers. We are a certified green spa, and we believe in [supporting community organizations](#) working to improve our world.

### Call for Professional Massage Therapy near Park City, Utah

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Don't waste another moment experiencing discomfort. We have the expertise and tools to help you relax and feel great today. Certain massage options may even be covered by your insurance. Select your [massage package](#) today, or [contact](#) us to schedule an appointment.