

How To Be A Massage Therapist In Salt Lake City

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When people need help with sore muscles, physical ailments, or emotional distress, they often look to a massage therapist for help. The healing hands of massage therapists are sought after by thousands of people in Salt Lake City. If you have ever considered becoming a [massage therapist in Salt Lake City](#), you would find yourself in a very rewarding career that would allow you a lifetime of helping and healing others. If you are interested in becoming a massage therapist,

Here is How to Become a Massage Therapist in Salt Lake City

Licensing and Certification

Go online to learn about the licensing requirements in Salt Lake City or Utah. It is helpful to understand what the licensing requirements are, before you begin any formal massage therapy training. Licensing and certification requirements can vary from county to county or city to city, so educating yourself ahead of time will help you focus your training on eventual certification.

Find and Register for a Massage Therapy School

There are a handful of quality massage therapy schools in the Salt Lake City area. When researching different massage therapy schools, make sure that the schools you are seriously considering provide a curriculum and certification program that will allow you to be fully licensed, when you have completed the program. Also, check the school's accreditations.

Swedish massage is typically the massage therapy school's massage method of choice. The majority of schools do offer training and certification in other types of massage in addition to the core Swedish massage curriculum. Make sure the school you are considering offers training in the specific type of massage therapy you would like to specialize in.

It is also important to consider your personal financial situation. Some of the massage therapy schools can be pricy. Financial aid or assistance is available at accredited schools. Consider your options for affording the training you need.

Complete Your Certification

It is typical in Salt Lake City for massage therapy students to complete approximately 500 hours of training. Most local schools allow you to basically move through the program as quickly or as slowly as you need. The more hours you are able to dedicate to completing your course work, the more quickly you will complete your training and certification.

It is a good idea to complete the certification exam administered by the National Certification Board of Massage Therapy. Not all states require the completion of this exam, but you might as well do the extra work to get the national certification, so you can have the full certification necessary to work basically anywhere.

Get Your Official License

Your massage therapy school will assist you with your licensing. Licensing will be achieved by completing the national certification program. A massage therapist with full licensing and certification is not only more trusted, but also has a greater opportunity for long term success.

Being a massage therapist is a very rewarding career for many people. It allows them to use their skills to provide a lifetime of healing and helping to others. If you are considering becoming a massage therapist in Salt Lake City, get online and begin researching massage therapy schools as soon as possible.