

Bachelorette Party Spa Day

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You're getting ready to throw a bachelorette party, and what better way to decompress and have some female bonding than at a spa? Help the bride relax by planning a bachelorette spa day in Salt Lake City, UT at [Matrix Spa & Massage](https://matrixmassage.com). Your party will be able to relax and be pampered until their heart's content.

Planning a Bachelorette Spa Party

There's a lot to worry about when it comes to planning a wedding. If you are throwing the bride's bachelorette party, there are a few things to take care of before showing up at the spa.

Who to invite? Ask the bride who she would like to have at the bachelorette party. The bride may wish to have just all the bridesmaids, or she may wish to invite close family members or some out of towners. ***Matrix Spa & Massage can accommodate 7-10 people at a time*** that can unwind and enjoy the ambiance together.

Set a date for the spa party: The wedding date is set and you need to set the date for your bachelorette party at Matrix Spa & Massage. Consider doing the party the same time as the bachelor party or even the day before the wedding. Make sure to book ahead of time. ***For appointments during the week, usually a week's notice is sufficient. For appointments on Friday, Saturday or Sunday, it is recommended to book 2-4 weeks ahead of time.***

Send invitations: Invitations should go out a few weeks before the confirmed spa party date. ***It is important to get RSVPs for the spa party.*** Click the image to check out this cute spa themed bachelorette party invitation. >>

What's Included in the Bachelorette Spa Party Packages?

Make this bachelorette spa party one to remember. Your package includes:

- 60 min Swedish Massage
- Salt Body Scrub
- Express Facial
- Private Steam Room or Sauna
- Aromatherapy
- Meditation Cave with Refreshments

The day starts with the royal treatment, followed with a relaxation session in a private steam room and aromatherapy, energizing you and refreshing your skin for a great look on the wedding day. After finishing the spa sessions, it's time to relax and enjoy hanging out in Utah's only meditation cave with some refreshments. In the meditation cave, your party can still play silly bachelorette games, but always remember to display good spa etiquette.



How Much Does a Bridal Spa Day Cost?

Generally, our bachelorette spa price for two is \$295 and \$147.50 for each additional person. You can select the massage sessions upgrading to a hot stone or deep tissue massage to create the perfect spa day. ***Please don't hesitate to contact Matrix Spa & Massage to book an appointment or ask about our special discounts for hosting your bachelorette spa party.***

Julieta Hernandez

Julieta is the owner of Matrix Spa & Massage in Salt Lake City, UT. She and her staff pride themselves on providing the best massages in a truly comfortable and relaxed environment.

