

Couples Spa in Salt Lake City, UT

matrixmassagespa.com/service/couples-spa-salt-lake-city-ut/

Request an Appointment!

100% Satisfaction Guaranteed

Modern life can be hectic and stressful, leaving us less time than we would like to spend with our loved ones. Fortunately, [Matrix Spa and Massage](#) is here to soothe away your cares and provide you and your partner with a [healing massage](#)! The [couples massages at Matrix](#) are available a la carte or as part of our three Date Special packages of [Diamond](#), [Ruby](#), and [Emerald](#). We are a green spa that is [dedicated to both our customers and also our environment](#). With **over 20 years of experience** serving the greater Salt Lake City area, Matrix is here to [pamper you](#) and give you a **100% guaranteed amazing spa experience**. Give Matrix Spa and Massage a call today to [schedule](#) the couples massage that you and your partner deserve!

Types of Massage

We offer [several different types of massages](#) at [Matrix](#), from [deep tissue to Swedish](#), a conversation with your massage therapist can reveal which type, or combination is best to meet your needs. Our [couples massage](#) services can be enhanced with [reflexology](#), [a salt scrub](#), or by adding [hot stones](#) to your massage. Choose your type, add one or more extras, and then decide how long you want your massage to last, or sessions range from 30 to 120 minutes. If you are unsure about any of these decisions, our helpful staff will assist in guiding you to your perfect couple massage session! Be sure to make time either before or after your treatment (or both!) to unwind in our steam room or sauna.

Spa Packages – Couple Massages

Whether you are a spa maven or a first-time, do not worry, the staff at [Matrix Spa and Massage](#) is here to meet your every need. **Our [spa packages](#) are a great way to experience more services for less money!** If you are wondering if a couples massage is right for you and your partner, consider these benefits:

- Releases built up stress from day to day worries and concerns,
- Eases muscle and joint pain,
- Lessens depression and anxiety,
- Promotes healthy sleep patterns, and
- Helps to increase focus and brain function.

But perhaps the best reason to get a couples massage is that it feels great! The [staff at Matrix](#) are fully trained, caring, and are dedicated to their clients and community. If you are looking for a special way to treat yourself and your significant other, a couples massage at Matrix is the perfect solution.

Before and After Your Massage

Matrix is a [full-service spa](#) and we have the entire gamut of relaxation options available to our clients. Our [Meditation Cave](#) is something special, and we recommend our clients spend at least 15 minutes enjoying its calming and relaxing effect as an additional way to rejuvenate their senses when visiting our spa. The [infra-red sauna](#) offers [holistic](#) well-being that can spur healing and prevent that run-down feeling. **Many of our packages also include light refreshments that allow**



you and your beloved to make it a full-service spa day! Ask our staff about how we can create the perfect date night for you and your favorite someone. The couples massages offered at Matrix are the ***perfect way to relax and reconnect while our staff sees to your every need!***

Matrix Spa & Massage in Salt Lake City, Utah

If you are looking for a special way to let your spouse or partner know that you appreciate them, a couples massage is a perfect option! [Matrix Spa and Massage](#) has been serving downtown Salt Lake City for over 20 years and we have received many rewards and accolades from our clients and the SLC community. If you need to unwind and would like to enjoy the special bonding experience that is couples massage, call us today at [801-799-4999](#) to learn more about our fantastic couples spa services.